



ZOE KNOWLEDGE · AT A GLANCE

Care advice visit · § 37.3

Know the schedule. Arrange the visit and proof.

The essentials

The mandatory consultation visit is carried out by a body authorised to do so. Zoe helps with preparation and with making sense of the recommendations, but does not issue official proof.

Your practical steps

01 · Confirm the frequency

Care levels 2 to 5 receiving care allowance: one mandatory visit per calendar half-year. At care levels 4 and 5, a visit can voluntarily take place once per quarter.

02 · Book an authorised provider

Arrange the appointment in good time with an authorised provider. Confirm the reporting period with your care insurance fund and who will submit proof of the visit.

03 · Make the visit useful

Bring specific questions about equipment, burdens and support. Record recommendations, responsibilities and the next appointment.

Good to know

Care level 1 and recipients of care benefits in kind have a voluntary half-yearly entitlement. Zoe helps with preparation and follow-up but does not issue official § 37.3 certificates.



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Your next step

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Your checklist

- ☐ Authorised advice centre chosen
- ☐ Proof period clarified with the long-term care insurance fund
- ☐ Your own questions prepared
- ☐ Submission of the proof and follow-up appointment clarified

Questions for my appointment

When is my next proof of consultation due?

Who submits the proof to my care insurance fund?

What I will do next

Who can support me?

By when?

My notes

Sources & full guide

§ 37 Abs. 3 SGB XI

Read the complete guide: zoe-pflegeberatung.de

General guidance. Check individual entitlements with your care insurance fund. Zoe provides additional private advice; scope and costs are agreed in advance.