



ZOE KNOWLEDGE · AT A GLANCE

Care advice · § 7a

Turn your questions into a practical care plan.

The essentials

Statutory care advice helps to bring needs and suitable support together. Private advice such as Zoe can supplement it; scope and any costs are discussed beforehand.

Your practical steps

01 · Ask for statutory advice

People receiving care benefits are entitled to advice. The entitlement also applies after an application where a need for help and advice is evident. Contact your care insurance fund.

02 · Clarify goals and options

Describe your wishes and everyday difficulties. Bring existing correspondence. Relatives can be involved if you wish.

03 · Agree on implementation

A useful plan identifies support, responsibilities and next appointments. Agree when to review the plan and adapt it if your situation changes.

Good to know

Zoe can supplement statutory advice through privately commissioned support. Agree the purpose, scope and fees beforehand. This does not replace your entitlement through the care insurance fund.



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Your next step

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Your checklist

- ☐ Advice appointment requested from the long-term care insurance fund
- ☐ Your own goals and open questions noted
- ☐ Responsibilities and next contact agreed
- ☐ Scope and costs clarified for any private supplementary advice

Questions for my appointment

Which support fits my daily life and personal goals?

Who will do each task and when will we review progress?

What I will do next

Who can support me?

By when?

My notes

Sources & full guide

§ 7a SGB XI

Read the complete guide: zoe-pflegeberatung.de

General guidance. Check individual entitlements with your care insurance fund. Zoe provides additional private advice; scope and costs are agreed in advance.